

## THE AGENDA

## THE STATE OF CALIFORNIA

All that's new on the West Coast, from San Francisco down to San Diego and everywhere in between.



Malibu Farm Pier Cafe is located on the 109-year-old Malibu Pier.

## AT TABLE

## THE MALIBU PIER NOW

Not since Alice's Restaurant—which was the spot on Malibu Pier for 23 years, until it closed in 1995—has the oceanfront landmark been home to a restaurant as worthy as the **Malibu Farm Pier Cafe**. Owner Helene Henderson, a private chef-turned-food blogger-turned-restaurateur, insists she had no idea that what began as a pop-up last summer would become the next big thing. The menu features staples like Swedish pancakes (a nod to Henderson's roots), burrata salad and quinoa oatmeal,

along with seasonal ingredients from local farms (including Henderson's own). Initially open for breakfast and lunch, the café recently added dinner. "It's kind of like coming to your neighbor's house," says Henderson, whose patrons are as likely to arrive by surfboard as they are by foot. A longtime local loves that the café recalls the spirit of the town she moved to 30 years ago: "It isn't from the outside in, but from the inside out." At 23000 Pacific Coast Hwy., Bldg. C; 310-456-1112; [malibu-farm.com](http://malibu-farm.com). —Anthony Rotunno

## WORTH THE DETOUR

## BEYOND SANTA BARBARA

Santa Ynez and Los Olivos offer great biking and cuisine.

About 45 minutes north of Santa Barbara are Santa Ynez and Los Olivos, low-key but charming towns where the rolling countryside is dotted with horses and endless vineyards. It's a paradise for cyclists.

Come and go from Los Olivos's **Fess Parker Wine Country Inn & Spa** (rooms, from \$295; 2860 Grand Ave.; 800-446-2455; [fessparkerinn.com](http://fessparkerinn.com)), where at least five epic rides, including Figueroa Mountain Road, are within pedaling distance. (Foxen Canyon, Ballard Canyon and Happy Canyon roads are best explored on two wheels.)

To refuel, try Santa Ynez's **Brothers Restaurant at the Red Barn** (3539 Sagunto St.; 805-688-4142; [brothersredbarn.com](http://brothersredbarn.com)) or its sister restaurant, **Sides Hardware and Shoes** (2375 Alamo Pintado Ave.; 805-688-4820; [sidesrestaurant.com](http://sidesrestaurant.com)), in Los Olivos. As an alternative to the Fess Parker, rent a house from **Paradise Retreats** ([paradise-retreats.com](http://paradise-retreats.com)). —Cari Gray

**L.A.'S DANCE REVOLUTION** Spinning still rules the L.A. workout scene, but there's a buzzy new fitness player that's captured the attention of the sweat-obsessed masses: **Body By Simone**, or BBS, is a Tracy Anderson-esque fitness studio run by trainer Simone De La Rue. It's a New York City import that flew largely under the radar until the West Hollywood branch opened in April and the Angelenos started raving. The 60-minute *Re-Energize Dance Cardio* workout is the studio's signature; 8623-25 Santa Monica Blvd.; [bodybysimone.com](http://bodybysimone.com).